



# A VIEW FROM FEW

## AN ORGANIZATION FOR OPPORTUNITY AND EQUALITY FOR WOMEN IN GOVERNMENT

SPACE COAST CHAPTER, KENNEDY SPACE CENTER, FL  
<http://www.ksc.nasa.gov/groups/few/>

FEBRUARY 2006

### SPACE COAST CHAPTER, FEW 2005 - 2006 Officers and Committees

#### President

Finance

Newsletter Editor

NTP/RTP Planners

Nominations

Parliamentarian

#### President Elect

Seminar

Compliance

Webmaster

#### Vice President

Programs/Publicity

Diversity

Community Outreach

Environmental

#### Treasurer

Membership

Sunshine

#### Secretary

Scholarships

Legislative

Historian

Past President

Nat'l VP for Training

Nat'l Treasurer

Nat'l Bylaws &  
Resolutions

Regional Awards

Regional Nominations/  
Elections

Regional Secretary

Sandy Eliason  
Johanna Velasquez  
Muzette Fiander  
Jean Grenville  
Marlene Satterthwaite  
Aneta Ott  
Arden Belt  
Connie Dobrin  
Charlotte Becker  
Carolyn Burnham  
Jean Grenville  
Barbara Powell  
Sandy Eliason  
Cindy Gooden  
Debbie Ward  
Marlene Satterthwaite  
Karin Biega  
Delores Abraham  
Theresa Kroning  
Vickie Hall  
Martha Carroll

Johanna Velasquez  
Ellie Miller  
Charmel Anderson  
Eva Coffman

Muzette Fiander  
Helen Kane  
Connie Dobrin  
Charlotte Becker  
Nancy Pearce-Welsh  
Joette Feeney

Dawn Partlow  
Becky Fasulo  
Clara Anderson  
Karin Biega  
Barbara Powell  
Vickie Hall  
Jean Grenville

### PRESIDENT'S MESSAGE

*Sandy Eliason*

I really didn't notice that the ground hog didn't see his shadow this year, but I am personally delighted that he didn't. I really don't like the cold weather too much! Well, at least when we have to wear coats and stuff, and my toes get cold in my Florida shoes, February has been a wonderful month for the Space Coast Chapter! I'm thrilled about establishing our connection with the WENDI program and being an asset to our community. I'm looking forward to presenting our check to them.

It is so easy to get stuck inside our own heads and our individual lives. We get caught up in our own goals and plans, and almost forget that we live in a community. A community where, just maybe, a lady lives right next door to us who, for whatever reason, might not have the self esteem or knowledge needed to change her life. Simply put, she is stuck! But, with the support of the Space Coast Chapter she will have a place to go. This is a place where she can recharge and experience an internal shift that will change her life forever. Here she can discover a more expansive world, more than one just made out of hard bumps! Within each of us lies the capacity to grow and, with this growth, fix the stressful, draining and unbalanced relationships which have a negative effect on our well being.

Remember your mom telling you about the Golden Rule, as it is a key concept in many philosophies and spiritualities that admonishes us to "do unto others as we would have them do unto us". Its meaning is clear. Treat others only in ways that you would want to be treated. I believe each of us in Space Coast will be blessed as we hopefully experience our relationship with the ladies in our community, and as we give them an opportunity to rise above their current irrational lives and support growth. What a wonderful gift! Ultimately, quality can make life much sweeter. It is not how much you live, have or do, but what you make of each moment that really counts.



## SUNSHINE

Eva Coffman

Celebrating birthdays in February:

Gina O-Shaughnessy	February 3
Charmel Anderson	February 8
Delores Abraham	February 11
Lucia Dougherty	February 19
Joette Feeney	February 19
Becky Fasulo	February 23

**Happy Birthday!**

If you notice anyone missing please email Muzette Fiander at [Muzette.B.Fiander@nasa.gov](mailto:Muzette.B.Fiander@nasa.gov)

Space Coast Chapter thoughts and sympathy have been extended to the following members:

Pat Wolfe, National President, on the loss of her mother

Thoughts and concern were extended to:

Peggy Seiler and Teresa Piastuch

Please notify me (639-4881) or Becky Fasulo (867-4436 or [Rebecca.J.Fasulo@nasa.gov](mailto:Rebecca.J.Fasulo@nasa.gov)) of any members that have extended illnesses, hospital stays, or news that deserve congratulations.

## Chapter Meeting Schedule

Karin Biega  
Programs Chair

Space Coast will not hold a program meeting in February; reserving that time for the Seminar Committee to put the finishing touches on the next outstanding annual training program. If any urgent chapter business comes up, it will be addressed following the seminar meeting.

March 1 and 2 is the chapter's 27th Annual Training Program. Barbara Powell and her committee have done another outstanding job of preparing a day of training folks just can't miss.

Ellie Miller is planning another terrific program for the Membership Meeting in April. Jean Grenville suggested and was able to confirm Pam Conner, Community Relations Officer with the Brevard County Sheriff's Department. Ms. Conner will present updated information on "Identity Theft."

May will be election of new officers, the selection of a Member of the Year and Distinguished Service awards (so put your thinking caps on and begin preparing nominations), and a chapter business meeting; June, the Installation and Awards Banquet, and finishing up with the National Training Program, in Atlanta, in July.

Hope to see you at some or all of these functions!

## **Space Coast Chapter, 27<sup>th</sup> Annual Training Program – "Training for a Successful FEWture"**

The Committee is working fast and furious to make this year's Training Program one of the most outstanding. Speakers have been selected with care, and the subject of their presentations should make it difficult to decide which ones to select. There will be four workshops offered each morning and afternoon. This year for the first time, attendees can make their choices on the day they attend. Here is a list of our workshop speakers, and their subject matter: Mimi Hall, "*Mastering Change*"; Tina Shepherd, "*Combat Stress with Healthy Eating*"; Dr. Marc DeSimone, "*Moving Beyond Resistance*"; and Carol Clendinen, "*Putting People First*". The Keynote Speaker both days is Rita Murray, a first generation American businesswoman, professional speaker, TV Host, Web producer, former top secret government contractor, and private pilot. Rita is the CEO of Performance Consulting, LLC and Performance Consulting Group, LL. Rita will show how to target the distinct generations, and enhance communications, leadership, teambuilding, marketing, recruiting, and retention efforts. She will introduce the four generations, describe pathways and pitfalls, and speak what the generations will hear. Ms. Murray will kick off this great day of training for you and set the ball rolling! So, let's all lighten up, loosen up and get ready to take away some powerful information as Rita shows how to "survive and thrive" in our multi-generational marketplace.

## **FEW Scholarships Available for the 2006 National Training Program**

*Barbara Powell*

The National Scholarship Committee is currently accepting applications for the 2006 National Training Program (NTP) and Retiree Scholarships Programs. The NTP scholarship program provides an opportunity

opportunity for deserving individuals, who meet the requirements, to participate in the NTP who might not otherwise be able to attend.

Applications must be postmarked by **April 7, 2006**. The scholarship criteria, forms, and submission procedures are posted on the FEW web site at [www.few.org](http://www.few.org), click on the menu button on the left of the home page under scholarship – NTP/Retiree. Additional information can be found in FEW's National Policy and Procedures Manual (NPPM), Part 3 – Activity and General Procedures, in the National Training Program Scholarship Section.

#### **NTP General Scholarship:**

All application packages **MUST BE SUBMITTED** in accordance with the NPPM procedures and applications must meet **ALL** of the following requirements: (a) An individual employed at the salary equivalent of a GS-09 or less; (b) Must have been a regular member of FEW for at least one year; (c) An active officer, committee chair or member participating in meetings, programs, etc., of a chapter; or a member-at-large that actively supports or participates in FEW; (d) Not been a NTP scholarship recipient in the past three years; (e) You must use the Official NTP Scholarship Forms; (f) Postmarked **NO LATER THAN April 7, 2006**; (g) Applicants must meet all eligibility requirements by the postmark deadline (as stated); (h) Include all required supplemental material, and (i) Mail each member of the National Scholarship Committee one copy of each application form and other documentations.

#### **NTP Retiree Scholarship:**

(a) A regular member of FEW for at least five years prior to retirement and have maintained continuous membership since retirement; (b) An active member continuing to participate in FEW activities at chapter, region and national level or, if a member-at-large, support or participate in FEW activities; (c) Not been an NTP Scholarship recipient in the past three years; (d) Nominations postmarked **NO LATER THAN APRIL 7, 2006**; (e) You must use the Official NTP Scholarship Forms; (f) applicants must meet all eligibility requirements by the postmark deadline; (g) Include all required supplemental material, and (h) Mail each member of the National Scholarship Committee one copy of each application form and other documentation.

The committee will analyze the applications using the ranking worksheets. Applicants must score a minimum of 15 points to be eligible for a scholarship. Incomplete applications will not be considered.

Applicants must submit packages **NLT April 7, 2006** to the following: (**ONE COPY TO EACH**)

Wanda V. Killingsworth  
National Scholarship Chair  
3805 Newark Road  
Brentwood, MD 20722

Sylvia D. Brown  
165 Bill Steward Blvd  
LaVergne, TN 37086

Jeanette Hite  
6107 Peggy Ann  
Court  
Suitland, MD 20746

The scholarship winners will be recognized at the 2006 National Training Program in Atlanta, GA.

Questions can be directed to one of the following Scholarship Committee members:

- Wanda Killingsworth at (202) 874-0678 or email [wanda.v.killingsworth@irs.gov](mailto:wanda.v.killingsworth@irs.gov) or [wkillingsworth@aol.com](mailto:wkillingsworth@aol.com)
- Sylvia Brown at (615) 736-5686 or email [sylvia.d.brown@lm02.usace.army.mil](mailto:sylvia.d.brown@lm02.usace.army.mil)
- Jeanette S. Hite at (301) 443-1847 or email at [jhite@samhsa.gov](mailto:jhite@samhsa.gov)
- Barbara Powell at (321) 867-7384 or email [Barbara.Y.Powell@nasa.gov](mailto:Barbara.Y.Powell@nasa.gov)

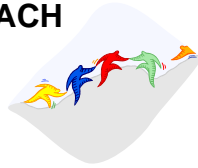
## **NATIONAL TRAINING PROGRAM (NTP) 2006**

*Marlene Satterthwaite*

Plan ahead! "Catch the Vision" is the theme for the FEW 37<sup>th</sup> NTP that will be held in Atlanta, GA, July 17-21, 2006. The NTP is a great opportunity for networking with women and men business professionals from all over the U.S. (over 2000 attendees last year). This Program offers training sessions that will enhance and energize your skills with focus on expanding your career possibilities/opportunities. Check the website [www.fewntp.org/](http://www.fewntp.org/) for information posted to date. **On-line registration begins March 15, 2006**. Register before May 26 and save \$\$\$. Share this web site with your Training Coordinators. Don't let this opportunity slip by. See YOU in Atlanta!

## COMMUNITY OUTREACH

Vickie Hall



### KSC All American Picnic

The KSC All American Picnic will be held April 22, 2006 at KARS Park 1 and based on responses Sandy Eliason received for what type of support we wanted to provide – the Beer Booth won out with flying colors.....So we have now made a commitment to staff the beer booth for the entire day. We will be doing three shifts 9:30 a.m. – 12:00 p.m.; 12:00 – 2:00 p.m.; and 2:00 – 4:00 p.m. Looks like the morning shift is covered but we need some more volunteers for the afternoon, especially the last shift. Please send me an email [Vickie.C.Hall@nasa.gov](mailto:Vickie.C.Hall@nasa.gov) or give me a call 321-867-9100 if you are willing to help.

## FLORIDA HISTORY AND CULTURE



*Submitted by Vickie Hall*

Florida is home to a rich variety of cultural resources. They include 12,000 year old Native American sites, the remains of early European settlements, and more recently, Mediterranean Revival homes and Art Deco buildings. Although many significant cultural resources are in public ownership, private landholders own significantly more, and thus, are able to preserve these tangible remains of Florida's past for the future. The tradition of stewardship for private property is well developed in our society, especially among owners of large tracts. Landowners have little difficulty extending their customary care of natural resources to cultural resources, once they understand where the resources are and how they can be protected. The goal of this website is to provide private landowners with information about how they can protect cultural resources in their ownership.

### **What are "Cultural Resources"?**

"Cultural Resources" are those resources that represent a culture or society, either past or present, and may include landscapes, structures, and/or archaeological sites. Typically, cultural resources that are protected are those from past cultures, such as colonial European and Native American, because these cultures are irreplaceable.

### **Why Protect Cultural Resources in my Ownership?**

Protecting cultural resources in your ownership has several advantages. To begin with, tax benefits are possible through certain methods of resource protection. Secondly, cultural resource protection on private lands may better your community's educational and recreational benefits, and finally, preservation and protection of the past provides a legacy for future generations.

### **Best Management Practices**

Taking care of archaeological sites on private lands is much like caring for other resources. The basic principles and techniques have been organized into a series of best management practices. You can download the [Florida Best Management Practices Handbook](#) (2.7MB) or [order a printed version](#) online from Bureau of Archaeological Research.

I am looking for a volunteer to take over the Florida History and Culture column. You can be as creative as you want. Please let me [Vickie.C.Hall@nasa.gov](mailto:Vickie.C.Hall@nasa.gov) or Muzette Fiander [Muzette.B.Fiander@nasa.gov](mailto:Muzette.B.Fiander@nasa.gov) know if you would be interested in picking up this monthly article.

### **CALENDAR OF EVENTS**

#### **February**

7	ATP Meeting, KSC Learning Institute
14	Valentine's Day
20	Presidents' Day
21	ATP Meeting, KSC Learning Institute
28	ATP Meeting, Folder Stuffing, Holiday Inn, Cocoa Beach

## **SPACE COAST CHAPTER NEWSLETTER**

*Muzette Fiander*

This monthly publication is a means of sharing information and ideas. Please send news articles or items of interest for this Newsletter to

Muzette Fiander, TA-E1, or e-mail at [Muzette.B.Fiander@nasa.gov](mailto:Muzette.B.Fiander@nasa.gov)

Please feel free to share this Newsletter with your friends. And for anyone interested, a Membership Application is attached as the last page.

## RECIPE CORNER

Submitted by Muzette Fiander

### Angel Delight

Combine:

- ½ cup sugar
- 2 tablespoons corn starch
- 1 cup pineapple juice

Cook over medium heat until thick, stirring constantly. Remove from heat and add 1/8 teaspoon salt.

Beat 4 eggs and add 2 teaspoons of lemon juice. Add egg mixture to above mixture. Cook, stirring constantly, about 5 to 10 minutes. Cool.

Just before serving add to egg mixture, 1 cup of Cool Whip, 1 4 oz. can of pineapple tidbits or crushed pineapple (drained), and ½ cup of chopped walnuts. Serve over sliced angel food cake.

Delicious!!!!

### Insight for the Day

*Submitted by Vickie Hall*

Never mistake knowledge for wisdom. One helps you make a living, the other helps you make a life.

*- Sandra Carey*

When we criticize another person, it says nothing about that person: it merely says something about our own need to be critical.

*- Richard Carlson*

Life is available to anyone no matter what age. All you have to do is grab it.

*- Art Carney*

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And then out of the mouths of babes.....

Why God made moms" answers given by elementary school age children to the following questions:

Why did God make mothers?

1. She's the only one who knows where the scotch tape is.
2. Mostly to clean the house.

3. To help us out of there when we were getting born.

How did God make mothers?

1. He used dirt, just like for the rest of us.
2. Magic plus super powers and a lot of stirring.
3. God made my Mom just the same like he made me. He just used bigger parts.

What ingredients are mothers made of?

1. God makes mothers out of clouds and angel hair and everything nice in the world and one dab of mean.
2. They had to get their start from men's bones. Then they mostly use string, I think.

Why did God give you your mother and not some other Mom?

1. We're related.
2. God knew she likes me a lot more than other people's moms like me.

What kind of little girl was your Mom?

1. My Mom has always been my Mom and none of that other stuff.
2. I don't know because I wasn't there, but my guess would be pretty bossy.
3. They say she used to be nice.

What did Mom need to know about dad before she married him?

1. His last name.
2. She had to know his background. Like is he a crook? Does he get drunk on beer?
3. Does he make at least \$800 a year? Did he say NO to drugs and YES to chores?

Why did your Mom marry your dad?

1. My dad makes the best spaghetti in the world. And my Mom eats a lot.
2. She got too old to do anything else with him.
3. My grandma says that Mom didn't have her thinking cap on.

Who's the boss at your house?

1. Mom doesn't want to be boss, but she has to because dad's such a goof ball.
2. Mom. You can tell by room inspection. She sees the stuff under the bed.



3. I guess Mom is, but only because she has a lot more to do than dad.

What's the difference between moms and dads?

1. Moms work at work & work at home, & dads just go to work at work.
  2. Moms know how to talk to teachers without scaring them.
  3. Dads are taller & stronger, but moms have all the real power 'cause that's who you got to ask if you want to sleep over at your friend's.
- Moms have magic; they make you feel better without medicine.

What does your Mom do in her spare time?

1. Mothers don't do spare time.
2. To hear her tell it, she pays bills all day long.

What would it take to make your Mom perfect?

1. On the inside she's already perfect. Outside, I think some kind of plastic surgery.
2. Diet. You know, her hair. I'd diet, maybe blue.

If you could change one thing about your Mom, what would it be?

1. She has this weird thing about me keeping my room clean. I'd get rid of that.
2. I'd make my Mom smarter. Then she would know it was my sister who did it and not me.
3. I would like for her to get rid of those invisible eyes on her back.

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Month/Year joined:

Membership ID

MI

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HOME PHONE:

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**EMAIL:**

[illegible]FWP/EEO  
Not Applicable